



# Resource Directory of Service Providers



**FEDERAL**

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## Resources at Federal Level

Sr. No.	Name of Institution	Helpline/Contact No.
1	Federal Ministry for Human Rights Toll Free	1099
2	Federal Ombudsperson's Helpline	1055
3	National Commission on the Status of Women (NCSW)	051-9216117 051-9216116 051-9208804
4	Federal Ombudsman Secretariat for Protection Against Harassment (FOSPAH)	051-9264444
5	Gender and Child Protection Unit - ICT	051-1815
6	Women Police Station- Islamabad	051-9252517
7	Federal Ombudsperson's Helpline for Children	051-1056
8	Shaheed Benazir Bhutto Women Center, Ministry of Human Rights, Islamabad	051-9101256 051-9101257 051-9101258
9	Pakistan Bait-ul-Mal HO Islamabad	051-9101138
10	FIA's National Response Centre for Cyber Crime, Headquarter, Islamabad	051-9106384 051-9106380
11	National Commission for Human Rights (NCHR)	051-9217340 051-9216771
12	Islamabad Capital Territory Police's Helpline	051 15
13	Islamabad Capital Territory Police's emergency contact	051 910 00 08
14	National Counter Terrorism Authority's (NACTA) Helpline	1717
15	Islamabad Capital Territory Police's Citizen Service Center (Sector F-6/1, Islamabad)	051 920 15 22
16	Human Rights Commission of Pakistan, Islamabad	051 220 339 7

17	Society for the Protection of the Rights of the Child (SPARC), Islamabad	051 216 30 11 051 216 30 12 0333 551 75 02
18	SOS Children's Village Islamabad	0321-5669173
19	Family Protection and Rehabilitation Center for Women (FPRCW)	0300-8520208 051-9269774
20	National Commission on the Rights of Child	051-9202733 051-9203214
21	Child Protection Institute	051-9215265 051-9215266 051-9215268

# Punjab

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## **Resources at Provincial Level (Punjab)**

<b>Sr. No.</b>	<b>Name of Institution</b>	<b>Helpline/Contact No.</b>
1	Punjab Women's Toll-Free Helpline Punjab Commission on the Status of Women	1043
2	National Commission for Human Rights	042-99332116
3	Punjab Social Welfare Department	042-99232178-9
4	Punjab Ministry of Human Rights, (Complaints)	042-9900 5307
5	Punjab Women Protection Authority-PWPA	1737
6	Ombudsperson Punjab for Sexual Harassment of women at the Workplace	042-99233348-50
7	Ombudsman Secretariat Regional Office	042-99201021 042-99201017-18 042-99268281
8	Directorate General Social Welfare and Bait-ul-Maal Punjab	042-99204149 042-99204768
9	Provincial Disaster Management Authority	1129
10	Punjab Emergency Service Rescue	1122
11	Women Ombudsperson Punjab	042-99268281-2
12	IGP Complaint Center	1787
13	Inspector General of Police's Complaint Centre	8787
14	Chief Minister's Complaint Center	0800-02345
15	Local Government and Community Development Department	0800-02345
16	Child Protection & Welfare Bureau	1121 0321-8472898
17	Inspector General of Police's Complaint Centre	8787
18	National Response Center for Cyber Crime	9911
19	Population Welfare Department	0800-79300
20	Punjab Health Line	0800-99000
21	Punjab Healthcare Commission	0800-00742

22	Population Welfare Department	0800-79300
23	Punjab Police (WhatsApp)	0331-7871787
24	FIA Helpline	111-345-786
25	Citizen Facilitation Center	0800-09100
26	E-Rozgar	0800-09897
27	Pakistan Bait-ul-Mal	042-36520017 0300-4849868
28	Human Rights Commission of Pakistan HRCP's Complaint cell	042-358 64994 042-358 38341 042-358 65969 0333-2006800 042-358 459 69
29	FIA's National Response Centre for Cyber Crime (NR3C)	1991 042-99268527 042-99203047

# Lahore

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## Resources at District Lahore

Sr. No.	Name of Institution	Helpline/Contact No.
1	Dar – ul – Aman (Crises Centers for Women)	042-37468403 0300-888 63 60
2	Human Rights Center for Women	042-99230058
3	FIA’s Anti-Trafficking Unit (ATU)	042-992036 86
4	Punjab Police Helpline	042-15
5	Women Police Station (Race Course)	042-99200300 042-99200278
6	Inspector General Police - Punjab Complaint Center Helpline	8787
7	Police Khidmat Markaz, DIG Operations Office	042-99214847
	Police Khidmat Markaz, E-Khidmat ASTP	042-99233219
	Police Khidmat Markaz, PKM Gate No. 5, Greater Iqbal Park, Near Lady Willingdon	042-99214847
	Police Khidmat Markaz, The Lahore Chamber of Commerce & Industry 11-Shara-e-Aiwan-e-Sanat-o-Tijarat	042-36305538
	Police Khidmat Markaz, Police Khidmat Markaz, Sector A, Bahria Town	042-35454046
	Police Khidmat Markaz, Moon market, Iqbal town	042-37808877
	Police Khidmat Markaz, Near Liberty parking area exit point, Gulberg 3	042-99268285
	Police Khidmat Markaz, E-KHIDMAT MARKAZ, LAHORE-II Town Hall Lower Mall, Anarkali	042-99214572
8		
9		
10	Janat-ul-Firdous Trust Orphanage	042-36364674
11	SOS Children’s Village	042-35943922
		042-35943906

12	ART Center, Mayo Hospital	0313-4838797

**Pro Bono Lawyers:**

<b>Sr. No.</b>	<b>Name of Pro bono Lawyer</b>	<b>Contact No.</b>
1	Muhammad Sajjad Qureshi advocate	0300-8124280
2	Imran Javed Qureshi	0322-4808909
3	Nadeem Afzal	0300-4199790

# Rawalpindi

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## **Resources at District Rawalpindi**

<b>Sr. No.</b>	<b>Name of Institutions</b>	<b>Helpline/Contact No.</b>
1	Dar-ul-Aman	051-4424301 051-4920304
2	Pakistan Bait-ul-Mal Regional Office	051-2612220
4	Police Khidmat Markaz, CTO Office	051-9273677
	Police Khidmat Markaz and Tahafuz Center	051-9293034
	Police Khidmat Markaz and Rescue 15 office, Liaqat Bagh Metro Station	051-9330676
	Police Khidmat Markaz (Women)	051-9292832
5	Child Protection and Welfare Bureau	051-4472202-5
6	FIA National Response Center for Cyber Crime Wing	1991
		051-9330719
7	SOS Children's Village	051-4917311
		051-4917312
		0333-5258822
8	ART Center Benazir Hospital	0321-5516937

## **Pro Bono Lawyers**

<b>Sr. No.</b>	<b>Name of Pro Bono Lawyers</b>	<b>Contact No.</b>
1	Sehrish Saba Raja Advocate	0334-9549658
2	Muhammad Tariq Advocate	0321-5516937

# Multan

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## **Resources at District Multan**

<b>Sr. No.</b>	<b>Name of Institution</b>	<b>Helpline/Contact No.</b>
1	Dar-ul-Aman	061-9239203
2	Pakistan Bait-ul-Mal Regional Office	061-9330753 0300-6331123 0333-6145289
3	Human Rights Commission of Pakistan HRCP's Complaint cell	061-451 7217 0300-632 5401
4	Police Khidmat Markaz, Police 15 Center, Qilla Kohna Qsim Bagh	061-4501907, 061-9330380, 061-9330381
5	Violence against Women Center (Social Welfare Complex, Mattital Road)	061-9220542 061-674 10 51
6	FIA National Response Center for Cyber Wing	061-9330999
7	SOS Children's Village	061-6538481 061-6514144
8	Child Protection and Welfare Bureau	061-9239141 061-4517371 0333-4939713
9	FIA's National Response Centre for Cyber Crime Wing	1991 061-9330999
10	Ombudsman Secretariat Regional Office	061-9330021
11	ART Center Civil Hospital	0302-4256815

## **Pro Bono Lawyers in District Multan**

<b>Sr. No.</b>	<b>Name of Pro Bono Lawyers</b>	<b>Contact No.</b>
1	Irshad Husain Advocate	0306-1964987
2	Shazia Nisar Advocate	0334-6096403

# Faisalabad

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## **Resources at District Faisalabad**

<b>Sr. No.</b>	<b>Name of Institution</b>	<b>Helpline/Contact No.</b>
1	Dar-ul-Aman	041-9239013
2	Pakistan Bait-ul-Mal Regional Office	041-9220026
3	Ombudsman Secretariat Regional Office	041-9201020
4	Police Khidmat Markaz, FCCI,	041-9230265
5	Police Khidmat Markaz, Rescue 15, Opposite Main Gate Agriculture University, Jail Road,	041-9200246
6	Punjab Police Helpline	041-15
7	Inspector General Police - Punjab Complaint Center Helpline	8787
8	Women Police Station (Kotwali Police Station)	041-9200266
9	FIA's Anti-Trafficking Unit (ATU)	041-9220245
10	Child Protection and Welfare Bureau	0300-6350215
11	FIA's National Response Centre for Cyber Crime Wing	1991 041-9330865
12	SOS Children's Village	041-2421667
13	ART Center, Allied Hospital	041-9210095

## **Pro Bono Lawyers**

<b>Sr. No.</b>	<b>Name of Pro Bono Lawyers</b>	<b>Contact No.</b>
1	Amir Farooq Awan Advocate	0345-7816511
2	Shehroz Khokar Advocate	0300-6044372



# Sindh

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## **Resources at Provincial Level**

<b>Sr. No.</b>	<b>Name of Institution</b>	<b>Helpline/Contact No.</b>
1	Women Development Department (Complaints Helpline)	1094 0333-2629883
2	Sindh Legal Advisory Call Center	0800-70806
3	Sindh Commission on the Status of Women (SCSW)	021-99211110
4	National Commission for Human Rights	021-99201638
5	Sindh Chief Minister's Public Complaints Cell	0800-91915
6	WDD Complaint Cell	021-34397758
7	Inspector General of Police (Complaints Number)	9110
8	Police Emergency Response and Crisis Management Center	021-99244645
9	Police Emergency Response and Crisis Management Center	0300-9111115
10	Sindh Police Emergency Helpline (Madadgar)	15
11	Sindh Human Rights Department	0800-00011
12	Sindh Human Rights Commission	021-99217318 0333-9217323
13	Women Protection Unit- Madadgar Helpline	1098
14	Child Helpline	1121
15	Pakistan Rangers Helpline	1101
16	Citizens Police Liaison Committee (CPLC)	1102
17	Peoples Primary Healthcare Initiative (PPHI) Sindh	0800-77755
18	Edhi Ambulance	115
19	Provincial Ombudsman (Mohtasib) Sindh	021-99211031,25,28 021-99211026 021-992118299

20	IGP complain cell	
21	Child protection authority (helpline)	1121 021-99333044
22	Cyber harassment help line	0800 39393

# Karachi

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## **Resources at District Karachi**

<b>Sr. No.</b>	<b>Name of Institution</b>	<b>Helpline/Contact No.</b>
1	Dar –ul –Aman Karachi	92 21 2790330
2	Pakistan Bait-ul-Mal- Karachi (1)	021-99333680 0344-361126
	Pakistan Bait-ul-Mal- Karachi (2)	021-99333675 0344-361126
	Pakistan Bait-ul-Mal-Karachi (3)	021-99333627 0300-9264462
3	Sindh Police’s Helpline	021-15
4	Human Rights Commission of Pakistan	021-356 37131
		021-356 37132
5	Gender Protection Unit (GPU)	021-99330094
6	Inspector General Police - Sindh Complaint Cell Helpline	9110
7	Women Police Station, SP Office, Central	021-992 30775
8	Women Police Station (West Zone, 1st Floor, SP Office, Liaqatabad, Central Karachi)	021-99230775
9	Women & children protection cell, East	021-99248001 021-9924889
	Women & children protection cell, South	021-99332792
	Women & children protection cell, West	021-99330094
10	Sindh Child Protection Unit	1121
		0333-2435948
11	Ombudsman Secretariat Regional Office	021-99202107
12	Human Rights Commission of Pakistan HRCP’s Complaint cell	021-35637131
		021-35637132
13	FIA’s Anti-Trafficking Unit (ATU)	021-99333950
		021-99333951
14	Sindh Child Protection Authority	02199333065

15	FIA's National Response Centre for Cyber Crime (NR3C)	021-99333950 021-99333951
16	Ombudsman Secretariat Regional Office	021-99211025 021-99211031
17	Panah Shelter Home	021-3630025-28 021-35832041 021-3832024
18	Federal Ombudsman Secretariat for Protection Against Harassment	021-99206444 021-99203599
19	Ombudsperson Sindh for Protection Against Sexual Harassment of Women at the Workplace	021-99222744 021-99333470 0302-3262146
20	ART Center, Civil Hospital	0300-3484177
21	ART Center, Jinnah Postgraduate Medical Center	0300-2291885

### **Pro Bono Lawyers**

<b>Sr. No.</b>	<b>Name of Pro Bono Lawyers</b>	<b>Contact No.</b>
<b>1</b>	Muhammad Owais Advocate	0300-2714069
<b>2</b>	Advocate Samina	0315-8197770

# Hyderabad

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## Resources at District Hyderabad

Sr. No.	Name of Institution	Helpline/Contact No.
1	Dar-ul-Aman Hyderabad	022-9240175 021 2790330
2	Bait-Ul Mal	022-9330023, 0300-3017278 0313-3921166
3	Human Rights Department Sindh	0315-5590215
4	Human Rights Commission of Pakistan (HRCP), Hyderabad	022-2783688
5	Ombudsman Secretariat Regional Office	022-9201606
6	Women Protection Cell (WPC)	0306-1311823
7	Women & Children Protection Cell	0310-1411515 022-2117436
8	Sindh Child Protection Unit	1121 0333-0744443
9	Shaheed Benazir Bhutto Women Crisis Center,	0333-2629883
10	Women Development Department	0332-2034569
11	Child Protection Unit-CPU	0300-3045466
12	SHO, Women Police Station	022-9239261
13	Complaint Cell (Democratic Commission for Human Development) DCHD	0332-2197263
14	Senior Superintendent of Police Hyderabad	022-9200640
15	Women Police Station	0336-3805919
16	Station House Officer, Women Police Station	022-9200471
17	Sindh Child Protection Unit -	1121
18	FIA's National Response Centre for Cyber Crime	1991 022-9250010
19	Hyderabad Press Club	022-2731672
20	ART center Liaqat University Civil Hospital	03322653088



21	District Health Office, HOD-HIV & AIDs Control Programme	0333-2971740
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### **Pro Bono Lawyers**

<b>Sr. No.</b>	<b>Name of Pro Bono Lawyers</b>	<b>Contact No.</b>
1	Advocate Eram	03313568608
2	Advocate Asiya	03302160292

# Larkana

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## **Resources at District Larkana**

<b>Sr. No.</b>	<b>Name of Institution</b>	<b>Helpline/Contact No.</b>
1	Dar-ul-Aman Larkana	074 9239018
2	Bait-Ul Mal	074-4042258 074-4752240 0333-7520988
3	Ombudsman Secretariat Regional Office	
4	Madadgar Helpline	15 074-442593 074-441607
5	Pakistan Sweet Home	074-4752240
6	Women Empowerment Centre	074-4761611 074-4059311
7	Sindh Child Protection Unit - Larkana	1121 0344-3899900
8	Women & children Protection Cell Larkana	0303-3652343 074-941041
9	Station House Officer Women Police Station, Larkana	0333-7533659
10	FIA National Response Center for Cyber Crime Wing Sukkur	1991 071-9310849
11	Press Club-Larkana	074-4059256 03002717273
12	ART Center, Civil Hospital	0333-7534751
13	ART Center, Children Hospital	0333-7567772

## **Pro Bono Lawyers**

<b>Sr No</b>	<b>Name of Pro Bono Lawyers</b>	<b>Contact No.</b>
1	Imdad Ali Tagar Advocate	0308-3864224
2	Tahira Saba Advocate	0333-3938902

# Sukkur

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## **Resources at District Sukkur**

<b>Sr. No.</b>	<b>Name of Institution</b>	<b>Helpline/Contact No.</b>
1	Dar-ul-Aman	071-9310351
2	Bait-Ul Mal	071-5631953, 0300-9314917
3	Police Helpline	071-15 0312-3709276
4	Pakistan Sweet Home, Behind Deputy Commissioner Office, Sukkur	071-5615866
5	Women Empowerment Centre	071-5618830
6	Ombudsman Secretariat Regional Office	071-9310013
7	Women Development Department District Office	0331-8230162
8	Women & children Protection Cell Sukkur	0303-3484011 071-9310999
9	Sindh Child Protection Unit	1121 0333-7101737 0333-7356569
10	Complaint Cell at DIG Office, Sukkur	071-9310551-6
11	Women Complaint Cell, Women Development Department, Sukkur	0336-0847691
12		
13	District Police Officer (DPO), District Sukkur	071-9310560
14	Inspector (In-charge – Women Complaint Cell)	0312-3709276
15	FIA National Response Center for Cyber Crime Wing	1991 071-9310849
16	ART Center, Ghulam Muhammad Mehar Medical Hospital	0331-3932035

## **Pro Bono Lawyers**

<b>Sr. No.</b>	<b>Name of Pro Bono Lawyers</b>	<b>Contact No.</b>
<b>1</b>	Uzma Mughal Advocate	0331-2314421
<b>2</b>	Ayaz Ali Sheikh	0311-13366990

# Balochistan

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## **Resources at Provincial Level**

<b>Sr. No.</b>	<b>Name of Institution</b>	<b>Helpline/Contact No.</b>
1	Women Development Department (GBV Helpline)	1089
2	Balochistan Commission on the Status of Women	081-9203667
3	National Commission for Human Rights	081-2869053
4	Child Protection Unit	081-2840028



# **Khyber Pakhtunkhwa**

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## **Resources at Provincial Level**

<b>Sr. No.</b>	<b>Name of Institution</b>	<b>Helpline/Contact No.</b>
1	Khyber Pakhtunkhwa Commission on the Status of Women	091-9216097
2	National Commission for Human Rights	091-9211472
3	Khyber Pakhtunkhwa Child Protection & Welfare Commission (Helpline)	1121